



Southmead Surgery
Farnham Common
Buckinghamshire

• Surgery News

Autumn Hours

Southmead Surgery normally has two daily sessions:

Monday to Friday. We offer extended hours on a Monday morning with bookable appointments from 7:10 am.

For Tuesdays to Fridays the sessions are 08:30 – 11:30 and 14:30 – 17:30. The surgery is closed Saturdays, Sundays and Bank Holidays. The Nurse is not available Tuesday afternoon or all day Friday.

For service outside surgery hours please phone 111

• The Surgery Website

southmeadsurgery@NHS.net

Print off surgery registration forms, order repeat prescriptions and book appointments. Patients can also view their medical records including results from this site.

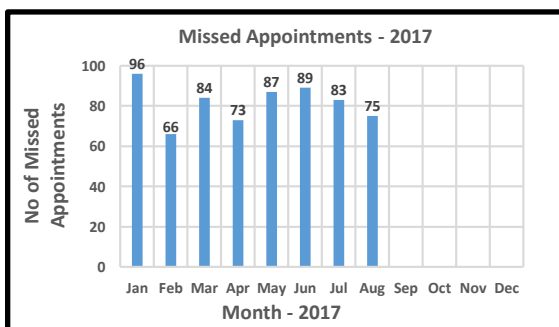
We would like to extend a warm welcome to the two new registrars to the surgery as part of yearly programme for doctors to complete their GP training

Dr Maheen Hussain (female) Dr Hardev Dhamu (male)

Dr Weidner will return to the surgery on 16th October 2017, and will initially be available for consultations on Fridays. She will be available for additional consultations from 11th December 2017. Dr Smee will be returning to the surgery mid 2018.

The Practice will also have access to locums to cover the maternity leave on an Ad hoc basis during periods of high patient requirements:

Please cancel unwanted appointments as soon as possible. On average four - six appointments are missed on a daily basis wasting valuable time and precious NHS money.



So far this year the cost of missed appointments is of the order of £6,500.00, and is a situation that in today's economic environment is unsustainable. Your help in reducing these costs will be greatly appreciated and will allow other patients to benefit from the timely cancelled appointments.

Missed appointment levels will continue to be monitored on a monthly basis to gauge what (if any) actions need to be put in place to improve the situation

• Patient Participation Group Website (PPG)

This is a project that has been on the group radar for some time and we are pleased to announce that this is now live and can be accessed through the main surgery website.

<http://www.southmeadsurgery.co.uk/>

We trust that you will find this website useful and informative. If there are any comments or additions to the site please let us know either via the surgery web site or in the comments box in reception.

We would also encourage you to submit any event or other ideas that you would like to see added to the site and we will endeavour to incorporate them on a timely basis.

The group meets on a monthly basis at the surgery and minutes of meetings will be published on the website soon after the meetings.

We would also welcome new members of all age groups to participate in the PPG.

Together, we are working toward a Healthier Community.

Best Outcome for Every Patient Every Time.



• **Flu Vaccination Clinic**

As winter is approaching, now is a timely opportunity to consider having your annual flu vaccination. Clinics will be available at the **Surgery** on the following dates:

26th, 27th, 28th September 2017
3rd, 5th October 2017

Please call the Surgery to make an appointment for these clinics

Hedgerley Scout Hut:

Walk in Clinic 09:00 – 10:00
11th October 2017

• **Is your visit to A&E Really Necessary?**

When you go to A&E and your ailment is not an emergency it puts an extra strain on A&E staff, and makes it very difficult for doctors and nurses to give the necessary attention to those who really need it. If you have a minor illness such as a sore throat, or need medication refilled or you have a cold or small cut, these are ailments that can be managed in the Practice. The question that one should ask themselves before considering A&E is “is it life threatening?” Please help us make A&E work for what it was designed for so that those who really need the help and service can benefit fully from the service.

• **Stay Well This Winter**

How the cold weather can affect your health ?

If you have a long term health condition, the cold and damp weather – ice, snow, and cold winds – can be bad for you especially if you are 65 or over. It can make you more vulnerable to winter illnesses, such as coughs and colds, which could become very serious. However, there are things you can do.

Seek Expert advice
Buy over the counter medication
Keep yourself warm
Keep out the cold at night
Get the right help

It's important to look after yourself, especially during the winter.
If you start to feel unwell, even if it's a cough or a cold, don't wait until it gets more serious.
Seek advice from your pharmacist.

Read more at
<https://www.nhs.uk/staywell/#HqtDbtvZ7Y138iOS.99>

▪ **Changes to Private Fee Charges**

It is intended that Practices in the **Southern Cluster** “match” their private fees which would mean a small increase in some of them. GP clusters are typically groups of between five to eight GP practices in a close geographical location. The purpose of the clusters is to encourage GPs to take part in quality improvement activity with their peers and to contribute to the oversight and development of their local healthcare system.

As further information becomes available this will be updated in the PPG newsletters. Other Practices charge between £2- £10 for a printout of results. Patients can sign up to Patient Access and do it themselves at home. Additional information on this topic can be found on the main Surgery Web site under the heading Key Information [Online Services](#).

Next PPG Meeting:
16th October 2017
18:30 – 20:00 hrs
Southmead Surgery